

VISITOR GUIDE

- > Signature experiences
- > Accommodations
- > Year-round activities
- > Unique finds

WELCOME/BOOZHOO/ TEKWANONWERA:TONS TO KINGSTON/KA'TAROH:KWI/ KEN'TARÓKWEN/CATARACOUI

Kingston remains on the ancestral homelands of the Huron-Wendat, Anishinaabe, and Haudenosaunee Confederacy.

We acknowledge the everlasting presence of these Nations and other First Nations, Métis, and Inuit who share this landscape today. We are grateful to reside in and remain visitors to this territory, while acknowledging our responsibility to honour the land, water, and skies with gentle respect and purifying preservation.

SUSTAINABLE PLEDGE

Tourism Kingston strives to incorporate sustainability in all its operations. Our actions and initiatives are guided by our GreenStep Sustainable Tourism certification, the UN Sustainable Development goals, and the City of Kingston's climate leadership plan.

GreenStep Sustainable Tourism

Bronze Certified
VISITOR CENTRE

*GreenStep | Sustainable Tourism | Silver Certified DESTINATION

The Visitor Information Centre has received Bronze certification from GreenStep Canada, acknowledging our sustainable measures in place and in progress.

Kingston is Sustainable Tourism Silver certified, acknowledging our measures in place and in progress as a destination.

VISITOR INFORMATION CENTRE

Our staff can help you make the most of your visit to Kingston, with advice on what to see and do, where to stay, and where to eat. They can also provide free maps of the city (including maps of walking trails and cycling routes).

Connect with us

In person: 209 Ontario Street

By email: visit@tourismkingston.com

By phone: 613-548-4415 or toll-free 1-888-855-4555

Webchat: visitkingston.ca

The Visitor Information Centre is open seven days a week. Call or check the website for current hours.

想了解更多金斯顿本地旅游资讯. 请访问加拿大金斯顿旅游局中文官网:

visitkingstoncn.ca

您也可以关注金斯顿旅游局微信和微博平台(公众账号:加拿大金斯顿旅游局)关注最新金斯顿旅游动态,并可以在互动中解答您的疑问。











VisitKingston.CA





- Bellevue House National Historic Site
- > Breakwater Park
- Canada's Penitentiary Museum
- Fort Henry National Historic Site
- Great Lakes Museum, home of the S.S. Keewatin
- The Haunted Walk of Kingston
- Isabel Bader Centre for the Performing Arts
- Kingston City Hall
- > Kingston Food Tours
- Kingston Grand Theatre

- Xingston Pen Tours
- Kingston 1000 Islands Cruises
- Kingston Trolley Tours
- Military Communications and Electronics Museum
- Miller Museum of Geology
- Museum of Health Care
- > PumpHouse
- > Rideau Canal
- The Screening Room
- Slush Puppie Place
- The Tett Centre for Creativity and Learning

Explore these and many more attractions: visitkingston.ca



FOOD & DRINK

Known for its culinary scene, Kingston has something for everyone. Whatever you're craving, you'll find it here, from bāo to roti, comfort food to haute cuisine.





Book a table or grab some takeout for a picnic by the waterfront. Take a guided food tour or take in a special "Kingstonlicious" culinary event.

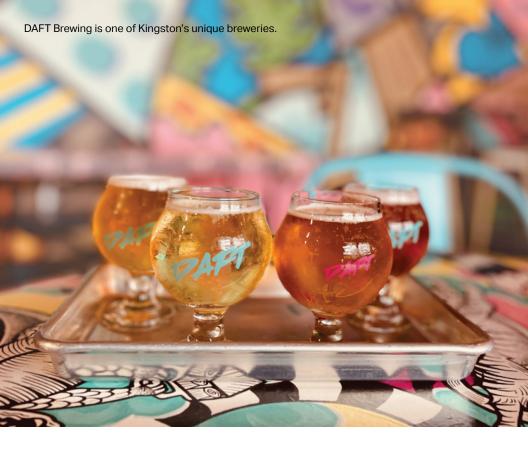


Find your perfect meal in Kingston: visitkingston.ca/ eat-drink





Kingston is located in the heart of Frontenac County farmland. Frontenac farms feed Kingston tables, and Kingston chefs utilize fresh, seasonal ingredients from local growers and producers.



Kingston has a long history of beer brewing. The first breweries in the city operated in the 1790s. Rideau Street, in the city's downtown, was then known as Brewery Street.

Today, Kingston is home to seven beer makers and one cider maker, each with their own take on the craft.

You can sample some of Kingston's brews at bars, restaurants, and festivals across the city. Several beverage makers also offer take-home and delivery options.

Explore locally made beverages: visitkingston.ca/eat-drink/ wineries-breweries

SPRING

Enjoy pancakes with warm maple syrup at Maple Madness at Little Cataraqui Creek Conservation Area. This family-friendly event takes place every March. Bring your family for a guided sugar bush tour, wagon rides, scavenger hunts, and more. And of course, sample some maple syrup!



Tapping sugar maple trees for their sap in the springtime is an ancient tradition in this region, originating with the Indigenous Peoples, who traditionally harvested and celebrated the gift of "sweet water." Learn more at the Maple Madness interpretative talks and demonstrations.

In May, Kingston parks, community spaces, and gardens come alive with tulips, daffodils, lilacs, and more.

Explore the Queen's University campus, where you will see curated gardens set against the backdrop of historic limestone buildings. The green space in front of Summerhill, Queen's oldest building (1839), was also once the site of Canada's first botanical garden. Today, this space is home to the Queen's arboretum, featuring a wide variety of trees.



SUMMER

There's so much to do in Kingston in the summer, from golfing and boating to diving and fishing to hiking and biking. Kingston's waterfront trail is easy to navigate on foot or by bike. Keep an eye out for the wayfinding signs along the trail, which will provide directions and teach you about the history of the region. If you didn't bring your bike or kayak, don't worry. You can rent one!

Discover the unique shopping experiences in Kingston's walkable downtown. You can explore the city and learn its history with a guided trolley tour and take in the beauty of the Thousand Islands on a sightseeing boat cruise.

A number of hotels and inns offer special packages that bundle Kingston experiences and attractions with your stay.



Cool off this summer with a dip in the pool – or in the lake. Breakwater Park in downtown Kingston offers an accessible lakeside beach, as well as picnic amenities. Grass Creek Park, in the city's east end, also offers a large sandy beach and swimming area (plus an off-leash area for your canine friends). To the west, Lake Ontario Park, Kingston's largest urban waterfront park, has a cobble beach, splash pad, beach volleyball court, and boat launch.

Kids will enjoy the wading pool at McBurney Park and the Culligan Water Park at the Memorial Centre.

Summer things to see and do

- Ahoy Rentals
- > Bellevue House
- > Blue World Marine Adventures
- > Breakwater Park
- > Fort Henry
- > Indigenous markets
- > Kingston Buskers Rendezvous
- > Kingston Pen Tours
- > Kingston Pride
- Kingston 1000 Islands Cruises
- Kingston Trolley Tours
- Movies in the Square
- > S.S. Keewatin



SELF-GUIDED WALKING TOURS

Experience Kingston's rich music, literature, and film histories with a self-guided walking tour. Explore the music venues where some of Canada's best bands got their start. See behind-the-scenes photos of films shot in Kingston. Visit the places that have inspired award-winning novels. Each of these music, literature, and film tours takes you on a creative journey through Kingston.



Learn more: visitkingston.ca/ walking-tours





ONLY IN KINGSTON

Kingston's walkable historic downtown is full of unique shopping experiences, from antiques to apparel, food to fine art.



You can also pick up mementos of your Kingston stay – including work by local makers – at the Visitor Information Centre (209 Ontario St.)



visitkingston.ca/kingston-shop







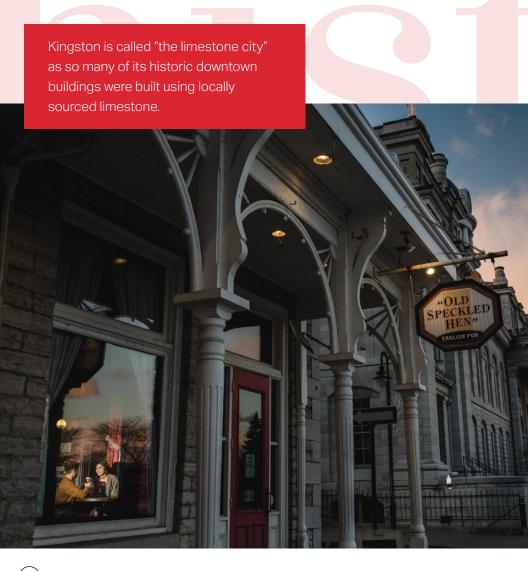




AUTUMN

Autumn is the perfect time of year to take in Kingston's architecture and historic sites. Take a guided tour or explore on your own.

Today, some of these historic limestone buildings are home to restaurants, bookstores, boutiques, and more.





Kingston is home to more than 20 museums, national historic sites, art galleries, and archives. Explore geology, Canadian history, hockey, technology, medicine, and more. Enjoy hands-on learning with the kids or savour a guiet moment with a favourite painting.

Autumn things to see and do

- > Fort Fright at Fort Henry
- > Ghost and Mystery Trolley Tour
- > The Haunted Walk of Kingston
- > Improbable Escapes
- > Kingston WritersFest
- > Music in the Park
- Open Farms
- > Pumpkinferno at Kingston Pen
- > Thrifting and antique shopping



Explore these and many more experiences: visitkingston.ca/see-do

WINTER

Kingston loves winter.

As the winter evenings grow darker, downtown Kingston lights up in response. Enjoy the ambiance as you window-shop. Take a ride in a horse-drawn carriage. Bring your skates and take a spin around the public rink at Springer Market Square.

Outside of downtown, there are plenty of other opportunities for you to get active in Kingston this winter! Go cross-country skiing, snowshoeing, ice fishing, or tobogganing.





Plan a winter getaway in Kingston with a Stoked Sauna session, Kingstonlicious meal, or other special event.

Winter things to see and do

- > Art After Dark
- > Holiday markets
- > Kingston Canadian Film Festival
- > Kingstonlicious
- > Reelout Queer Film Festival
- > Stoked Sauna Co.
- > Winter lights in downtown



Discover more winter activities: events.visitkingston.ca

GETTING HERE

By car

- > Via Highway 401 westbound, take exit 623.
- > Via Highway 401 eastbound, take exit 615.
- Scenic eastbound route: take Highway 33 along Lake Ontario into Kingston.
- > From Cape Vincent, N.Y., take Horne's Ferry to Wolfe Island, then the Wolfe Island Ferry to Kingston.

By train

VIA Rail offers service to Kingston from Montreal, Ottawa, and Toronto. Visit viarail.ca or call 1.888.VIA-RAIL.

By bus

- Megabus offers service to Kingston from South Eastern Ontario, Toronto, Ottawa, and Montreal. Visit ca.megabus.com
- > Flixbus offers service to Kingston from Windsor, Chatham, Toronto, Hamilton, Oshawa, and Ottawa. Visit flixbus.com



By boat

Kingston has both city-operated and privately owned marinas.

- Confederation Basin Marina (City of Kingston): 613-546-4291 ext. 1823 (seasonal)
- Portsmouth Olympic Harbour (City of Kingston): 613-546-4291 ext. 1827
- > Collins Bay Marina (West end): 613-389-4455
- > Treasure Island Marina (East end): 613-548-1239

Getting around Kingston is easy. While many attractions are within walking distance of the downtown core, you have other transit options as well. Kingston has accessible transportation options, as well as accessible tours and attractions.

Learn more: visitkingston.ca



EXPLORE KINGSTON AND THE 1000 ISLANDS FROM A UNIQUE VANTAGE POINT.

Sail Kingston

- See Kingston's natural history and setting from the water
- Learn about remarkable fortifications, shipwrecks, and classic architecture
- Pass UNESCO world heritage sites including Fort Henry

Take a one-hour Kingston - Discovery cruise

Sail the 1000 Islands

- > Cruise from downtown Kingston into the world-famous 1000 Islands
- > Wind your way through small cottage islands and see grand estates
- > Enjoy live entertainment and dining options: brunch, lunch, or dinner

Take a three-hour 1000 Islands - Heart of the Islands Cruise



ACCOMMODATIONS/ HÉBERGEMENT

Hotels, motels, and historic inns - Kingston has a wide variety of options for your stay. You can also book a licensed short-term rental. Please verify the availability of accessible, cycle-friendly, or pet-friendly rooms with each accommodation when booking your stay.

Learn more: visitkingston.ca/stay

Hôtels, motels et auberges historiques - Kingston offre une gamme variée d'options pour votre séjour. Vous pouvez également réserver une location de courte durée autorisée. Veuillez vérifier la disponibilité des chambres accessibles, conviviales aux vélos ou acceptant les animaux domestiques lors de la réservation de votre séjour.

Pour plus d'informations: visitekingston.ca/stay

Downtown/Centre-ville



CONFEDERATION PLACE HOTEL



237 Ontario St. 613-549-6300

confederationplace.com



DELTA HOTELS BY MARRIOTT KINGSTON WATERFRONT



1 Johnson St.



613-549-8100, 1-888-548-6726 marriott.com/ygkdk



FRONTENAC CLUB



225 King St. E. 613-547-6167 frontenacclub.com



HOCHELAGA INN

24 Sydenham St. 613-549-5534 thehochelagainn.ca



HOLIDAY INN KINGSTON WATERFRONT



2 Princess St 613-549-8400 ihg.com/holidayinn



KINGSTON MARRIOTT HOTEL



285 King St. E. 613-544-4434



marriott.com/ygkfp



RESIDENCE INN BY MARRIOTT KINGSTON WATER'S EDGE



7 Earl St.

613-544-4888 marriott.com/vakri

Downtown/Centre-ville

THE ROSEMOUNT INN

46 Sydenham St. 613-480-6624 rosemountinn.com



THE SECRET GARDEN INN

73 Sydenham St. 613-548-1081 thesecretgardeninn.com

Mid-town/Centre-ville

BEST WESTERN FIRESIDE INN

1217 Princess St. 613-549-2211 bestwesternkingston.ca



DONALD GORDON HOTEL & CONFERENCE CENTRE

421 Union St. 613-533-2221 queensu.ca/donaldgordoncentre



DOUBLETREE BY HILTON/ HOME2SUITES HILTON



hilton com



ECONO LODGE CITY CENTRE

840 Princess St. 613-549-4546 choicehotels.ca

HOWARD JOHNSON BY WYNDHAM KINGSTON

686 Princess St. 613-777-0133 wvndhamhotels.com



KNIGHTS INN

1155 Princess St. 613-546-4285

knightsinn.com



QUEEN'S UNIVERSITY **RESIDENCES** (seasonal/ saisonnier)

75 Bader Lane 613-533-3183 queensu.ca/eventservices



RAMADA BY WYNDHAM KINGSTON

1454 Princess St. 613-549-5550 wyndhamhotels.com



ST. LAWRENCE COLLEGE **RESIDENCE** (seasonal/ saisonnier)

23 Country Club Dr. 613-544-6600 ext. 4999 stlawrencecollege.ca/events



STRATA HOTEL

1187 Princess St. 613-546-4411

stratahotel.com



Accessible



Pet-friendly



Bike-friendly







- Hébergement acceptant les animaux



— Hébergement qui accueillent les vélos

East end/Est



ALL SUITES WHITNEY MANOR

8 Starr Pl. 613-766-9394 allsuiteswhitneymanor.com



COUNTRYSIDE INN

1488 Highway 15 613-546-6674

HAMPTON INN BY HILTON KINGSTON

125 Innovation Drive 613-766-1122 hilton.com



LORD NELSON MOTEL

1664 Highway 15 613-542-2883 lordnelsonmotel.net



SUPER 8 BY WYNDHAM KINGSTON

794 Highway 2 E. 613-549-1620 wyndhamhotels.com

West end/Ouest



BAYSIDE INN & WATERFRONT SUITES

4024 Bath Rd. 613-634-7400 baysidehotelkingston.com



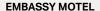
CANDLEWOOD SUITES KINGSTON WEST

205 Resource Rd. 613-767-9365 cwskingstonwest.ca



COMFORT INN & SUITES

2467 Princess Street 613-766-1740 choicehotels.com



2404 Princess St. 613-546-4271 embassymotel.ca



GREEN ACRES INN

2480 Princess St. 613-546-1796 greenacresinn.com

HILLTOP MOTEL

2287 Princess St. 613-542-3846 hilltopmotelkingston.com

West end/ **Ouest**



HOLIDAY INN EXPRESS KINGSTON WEST

205 Resource Rd. 613-767-9370 hiexkingstonwest.ca



MOTEL 6 KINGSTON

1542 Robinson Crt. 613-507-6666 motel6.com



QUALITY INN & SUITES



1530 Robinson Crt. 613-389-9998

qualitysuiteskingston.com

SEVEN OAKES MOTEL

2331 Princess St. 613-546-3655



North end/ Nord



COMFORT INN HIGHWAY 401

55 Warne Cres. 613-546-9500 choicehotels.com



COMFORT SUITES KINGSTON CENTRAL

33 Benson St., Building 2 613-546-3661 choicehotels.com



COURTYARD BY MARRIOTT KINGSTON



103 Dalton Ave. 613-548-7000 marriott.com/ygkcy



DAYS INN BY WYNDHAM **KINGSTON**



1 First Canada Ave. 613-541-1111 wyndhamhotels.com



HOLIDAY INN EXPRESS & SUITES KINGSTON



11 Benson St. 613-546-3662 hiexpress.com/kingstonon



QUALITY INN & CONFERENCE CENTRE KINGSTON CENTRAL



33 Benson St. 613-546-3661, 1-800-267-7888 qualitykingston.com



Tourism Kingston 177 Wellington St., Suite 200 Kingston, Ontario K7L 3E3



- Ontario, Canada -